

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 5 th Janu					Vegetable soup Hot dog with Cheese and red sauce Flake meal biscuit and fruit
Week Two 8 th Jan	Savory mince or Chicken drumsticks Sweet corn Mashed potatoes Frozen yogurts	Mild Chicken Curry Boiled Rice or Fish fingers Sweet corn Mashed potato Chocolate Sponge & Custard	Cottage Pie or Battered fish Peas Mashed Potatoes Fruit Muffin with Milkshake	Chicken soup Hot dog Red sauce and cheese Biscuit and fruit	Roast beef Stuffing Carrots, gravy Mashed potato Creamed rice and fruit
Week Three 15 th Jan	Chicken crumble or Plain bacon Broccoli Mashed potato, gravy Rice pudding and fruit	Chicken Breasts Gravy, carrots stuffing Mashed Potatoes Chocolate cake and custard	Battered Fish or Chicken curry Baked Beans, coleslaw Onion rings Chips, rice Ice-cream and pink sauce	Irish stew or Chicken nuggets Sweet corn Mashed potato, gravy Jam Sponge Custard	Chicken soup Beef burger Red sauce and cheese Frozen yogurts
Week Four 22 nd Jan	Roast Chicken/Stuffing Carrot Gravy Oven Roast & Mash Potato Ice-cream and chocolate sauce	Stuffed bacon/ plain bacon Salmon fishcake Peas, mashed potato Date fudge and custard	Fish fingers or Pizza Mixed Vegetables chip, pasta Plain sponge and custard	Vegetable soup Hotdog with cheese and red sauce Flake meal biscuit and milkshake	Beef Casserole or Chicken curry Sweet corn Mashed Potatoes Creamed rice and fruit
Week Five 29 th Jan	Chicken nuggets or Chicken crumble Peas, gravy Mashed potato Jelly and fruit	Lasagne or fish finger broccoli diced or mashed potato creamed rice and fruit	Savoury mince or Chicken curry and rice Sweet corn Mashed potato Biscuit and custard	Baked ham Carrots, stuffing Mashed and roast potato Sponge cake and custard	Fish in batter or Bacon Peas Mashed potato Ice-cream tubs

school food

try something new today

www.schoolfoodni.com

**Bread, Fresh Fruit, Yoghurt, Milk
and Water are available daily**

**If you require any additional
Information on allergens or Special
diets please contact the school in the
first instance**

